



# **The Cathedral Community Fridge**

*"Take what you need & leave what you can"*

**The Cathedral Community Fridge is location on the East side of the parking lot of  
The Holy Rosary Cathedral located at 2140 Cameron St. Regina, Saskatchewan**

Through community mutual aid & solidarity, we can help to be  
the change we need to see in ending hunger... Together!

## **The fridge is free to use & care for by all!**

Community hands to help guide any Food Insecurity Mission are always in need.  
Since you're in the community, you know best what's needed to be happy & healthy.

Community Fridges belong to the Community, so feel free to offer a helping hand  
wherever you see fit whenever works for you.

May that be dropping off donations whenever you'd like, or stopping by to tidy the  
fridge... This Fridge is our fridge!

Sanitization, organization, donation procurement and an assortment of other duties are  
required to maintain a safe and efficient free food outlet.

If you are interested in volunteering, contact us so we can find where you fit!

Through coming together for the healing of our community, we are able to grow  
together and build a strong support system for one another and ourselves.

## **RESOURCES:**

Email: [cathedralcommunityfridge@gmail.com](mailto:cathedralcommunityfridge@gmail.com)

Instagram: @cathedralcommunityfridge

Donate to our GoFundMe at "Cathedral Community Fridge"